



### **Fine Motor**

Children use the small muscles of their fingers and hands for reaching, grasping, releasing, and manipulating toys and household objects.

### **Gross Motor**

Children use their bodies and large muscles to move, change position, and develop coordination and balance.

### **Communication**

Children use sounds, words, and gestures to communicate through Receptive Language and Expressive Language. Receptive Language can be described as children listening and following directions. Expressive Language can be described as children making sounds and forming words together.

### **Problem Solving**

Children use curiosity, exploration, observation and persistence with their thinking skills to learn about how objects and actions work around them.

### **Personal-Social**

Children are learning about daily living skills such as feeding, dressing, and grooming. Children may be learning to develop a sense of body awareness in their interactions with others.